

October
1981

NEW YORK CYCLE CLUB

Serving New York City since 1937

OCTOBER, 1981

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ELECTIONS!

SEE PAGE 9



Ride Listings

GUIDELINES FOR CLUB RIDERS

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose personal or bicycle condition seems inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities--avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up"; or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Eat a good breakfast; bring water, snacks, spare tube, patch kit, pump; and lights for dark.

RIDE AND RIDER CLASSIFICATIONS

(See, also, the detailed classification graph in the Feb 1981 Bulletin)

A+: ANIMALS:	Anything goes. Eat up the roads, hills and all.	Riding pace 17+ mph
A: SPORTS(WO)MEN:	Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
B: TOURISTS:	Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
C: SIGHTSEERS:	Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
D: BEGINNERS:	Very leisurely sightseeing. Discovering the bike and their bodies; training up to C. Frequent stopping and regrouping. Do not believe reports about mere mortals riding 100 miles or more in only one day.	Less than 8 mph

Saturdays October 3rd, 10th, 24th, 31st and Sunday October 11th.

LEADERLESS RIDES. 'A' - approximately 50-70 miles. Meet 8:15AM at the Central Park Boathouse. Destination to be decided by the riders who show up.

Sunday October 4th.

THE FIRST ANNUAL BILL BAUMGARTEN MEMORIAL ALL CLUB RIDE. "A","B","C","C+" The different rides for this event will tour Westchester County(terrain rolling to hilly),where Bill did much of his riding. We hope to have a large turnout in honor of Bill, who was killed in a biking accident earlier this year. All rides will meet at Kingsland Point Park in North Tarrytown at approximately 1:30PM; after picnicing we will ride back to the city together. Note: Bring lunch or money for it.

"A" ride - 90-105 miles. Leader Chris Mailing(879-6199). Meet 7:00AM at C.P. Boathouse for a ride up Broadway and Warburton Ave., then past several reservoirs in Westchester County and then on to the park.

"B" ride - 60 miles. Leader Dave Miller(794-9365). Meet 10:00AM at the C.P. Boathouse for a ride up Broadway and Warburton Ave., then through the Sleepy Hollow area in Westchester and then on to the park.

"C+" ride - 42 miles. Leader Martha Ramos(858-9142). Meet 10:30AM at 242nd Street and Broadway in the Bronx(take the IRT #1 train to the last stop) for a ride through Yonkers, Dobbs Ferry, Tarrytown and Sleepy Hollow before arriving at the park.

"C" ride - 30 miles. Leader Phyllis Lehmann(636-6037). See C+ ride for starting point and time. Ride through Yonkers, Dobbs Ferry, and Tarrytown before arriving at the park in North Tarrytown. There will be a stop at either the Lynhurst Mansion or the Hudson Museum. Bring a lock and money for possible admission to the Hudson Museum.

Sunday October 4th.

BIKE TO WORLD'S FAIR, QUEENS. 'C' - 25 miles, fairly flat. Meet Mike Antanis at 9:30AM at the street level of the Roosevelt Island Tramway, 2nd

Ave. and 59th St. (parking is easy). Follow the East River on the Queens side to Astoria Park for river views, then to LaGuardia Airport and the World's Fair Grounds. Bring lock, spare tube, patch kit, sense of humor and bike. Flats outlawed. Rain or snow cancel. For further information call Mike Antanis at 201-420-6234 after 5:00PM weekdays. Joint AMC.

Saturday - Monday October 10th - 12th.

NEW YORK TO WASHINGTON D.C. "A" - 250 miles. If you are in good condition, a good cyclist, an experienced cyclist, come along on the 11th annual 250 mile "Capitol Run". The idea is to cycle from New York City's George Washington Bridge to Washington D.C. in 24 hours. You have to be good! If you are interested you must attend the pre-trip meeting on Thursday, October 1st at AYH at 7:00PM. THERE WILL BE NO MAIL SIGN-UPS FOR THIS TRIP. Applicants should have century experience or better. Cost of the trip is \$50 and is payable at the pre-trip meeting. Cancellations will receive only a partial refund of the trip cost.

NOTE: The leader has the option to dismiss a rider from the trip at any point in the ride for poor performance or conduct. This is for the safety of the rider and the group. It is therefore understood that a dismissed rider is then totally responsible for him/herself. Joint AYH

Saturday October 10th.

CHEESEQUAKE STATE PARK. "B" - 70 miles, mostly flat. Meet Lee Gelobter at the Staten Island Ferry Terminal Ticket Booth at 8:00AM. Bring food or buy it along the way. We will lunch at the park. For more information call Lee at 788-2345 days or 646-7037 evenings.

Saturday October 10th or Sunday October 11th.

DIAL-A-RIDE TO THE CLOISTERS. "C" - approximately 25 miles. Part of a continuing service for C riders. If you will be here for the holiday weekend, and you'd like to ride to the Cloisters in upper Manhattan, leaving from Grand Army Plaza (Brooklyn) at 9:00AM and Washington Square Park at 10:00AM, call Phyllis Lehman at 636-6037 evenings between 8 and 11PM during the week of October 4th. If enough people are interested, we'll decide which day by Friday, October 9th.

Saturday October 17th.

CROTON DAM FALL FOLIAGE RIDE. "A" - 75 miles. Meet Steve Bauman at Fordham Road and the Grand Concourse in the Bronx for a strenuous 75 mile fall foliage tour of upper Westchester County. Be sure to bring lunch or money for it.

Saturday October 17th.

NEW JERSEY PINE BARRENS - WHARTON STATE FOREST. "B+" - 70 miles. Mostly flat - brisk pace. Leader: Ed Schweber. The Pine Barrens, roughly between Philadelphia and Atlantic City, are certainly not barren. They are definitely unique. Some have compared them to Southern backwoods areas. We must leave New York very early and drive to the starting point. Ed can drive some or try to arrange a ride for you with another biker. Split gas and tolls. (One note: The route comes from a guidebook that has proven to be reliable in the past but it has not been scouted. Ed will be carrying detailed maps.) If you wish to come, or desire more info, call Ed by October 14th at 567-2661.

Sunday October 18th.

RIDGEFIELD FALL FOLIAGE CENTURY. "A+" - 110 miles. Meet 7:30AM at the C.P. Boathouse or 8:30AM at the Broadway Bridge (over the Harlem River - deduct 20 miles) for a ride to Ossining, Ridgefield and Mt. Kisco. Food stops in Ossining, Ridgefield and Chappaqua. Terrain: hilly. Estimated

riding time (not including stops): 7 hours. Leader: Chris Mailing 879-6199.

Sunday October 18th.

DELAWARE WATER GAP TO DINGMAN'S FERRY. "B" - 65 miles. Meet at the Tavern ON The Green Parking Lot in Central Park at 7:00AM, car top approximately 1 1/2 hours to the Gap for a ride along the beautiful Delaware River. Call Art Guterding days at 947-5858 for car reservation.

Sunday October 18th.

POLITICAL CORRUPTION TOUR. "C" - approximately 30 miles. Meet leader Matthew Stevenson at Umberto's Clam House (Mulberry Street a few blocks north of Canal Street in Little Italy) at 9:30AM for a ride which will include stops at Tammany Hall, City Hall and various projects of the late Robert Moses. For further information contact Matthew Stevenson at 788-6619.

Saturday October 24th.

WESTBURY RIDE. "B" - 45-55 miles at 11mph. Leader - Ed Flowers. Moderately hilly-rolling terrain through beautiful north shore country. Leave at 9:30AM from the I.U. Willets School Parking Lot. Ed: 544-9168.

Sunday October 25th.

NORTH SHORE SCENIC. "A-" - 75 miles. Enjoy a brisk ride in Long Island and see the north shore as it is seldom seen. The trees are bare with an invigorating wind at your back. An experience not to be missed. Leader - Gary Kryznovek. Note: Be sure to bring warm-ups if the temp. is below 55°. The starting point is the Roosevelt Island Tramway Plaza (59th St. and 2nd Ave. in Manhattan), starting time 8:00AM sharp.

Sunday October 25th.

PATERSON FALLS. "B" - 55 miles. Leader: "Upright" Irv. Meet 8:30AM at the Coliseum (Broadway and 60th St.) or 9:15AM inside the World Trade Center, at the escalators to PATH, for the 9:28AM train to Newark (30 cent fare). Ride through Branch Brook Park and beautiful suburbia - maybe we won't get lost this time. Bring lunch and drink. Return to the G.W. Bridge via the steep Fort Lee hills by 4:00PM. Info: 102-7298.

Sunday October 25th.

GREAT NECK, GARDEN CITY OR FOREST PARK. "C" - 25-35 miles. Leader: Ed Flowers. This ride will be a choice of the above options (all popular C rides) by those present - leader decides in case of a tie. Ride starts at 10:00AM in front of the Flowers' apartment at 111-50 76th Rd., Forest Hills (take the E train to the 75th Rd. stop, then go 2 blocks east to 76th Rd.). For further information call Ed Flowers at 544-9168.

Saturday October 31st.

ART DECO TOUR. "C" - approximately 20 miles. Leader - Ken Abramson. Meet 9:00AM at the Roosevelt Island Tramway Plaza (59th St. and 2nd Ave.) for an easy tour of 20 miles round trip. We will be observing some fine examples of ART DECO Architecture along the Manhattan skyline. We will be eating lunch at the Empire Diner. Bring a lock and lunch or money for it, and your knowledge of ART DECO design. Info: call Ken at 672-9555.

Sunday November 1st.

SYOSSET QUICKIE. "A" - 65 miles. Meet Bob Friedman at 9:00AM at the C.P. Boathouse for a ride to the Friendly's in Syosset. Info: 724-4246.

Sunday November 1st.

BIKE EAST RIVER. "C" - approximately 20 miles. Meet Mike Antanis at 9:30AM at the Pedal Pusher Bike Shop, 328 East 66th St. in Manhattan

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(parking is easy). Central Park, 102nd St. Bridge to Ward's and Randall's Islands for unique skyline scenes. Spectacular views from the Triboro Bridge and aerial tramway. Bring a friend, meet new friends. Beginners welcome. Renters should call the bike shop in advance(879-0740). Bring lunch, patch kit(no flats allowed), camera and plenty of film. Pray for bright(1/500 at f/16) afternoon. Mike Antanis - 201-420-6234, after 5:00PM on weekdays. Joint AMC

Ride Previews

<u>DATE</u>	<u>RIDE</u>	<u>LEADER</u>	<u>CLASS</u>	<u>MILES</u>	<u>START POINT</u>
Nov. 1st	Bike East River	Antanis	D	15	NYC
Nov. 7th	Meadowlands Tour	Schweber	C+	35-40	GW Bridge NJ
Nov. 8th	No Flats Please, Trip	Antanis	C	18-32	NYC
Nov. 11th	Monumental Ride	Bahensky	C	15	NYC
Nov. 14th	B'klyn Bridge to Narrows Bridge	Bahensky	C	30	NYC-B'klyn
Nov. 15th	Three County	Lubaszka	A	75	Queens
Nov. 26-29th	Penn-Dutch Weekend Trip	VerEccke & Chavanne	B/C	Var.	NYC

October Club Meeting Program

TOURING---ON THE TRAIL OF THE TOUR DE FRANCE

October---and most of us are enjoying the results of our spring and summer conditioning. If we have worked hard, played hard, and were wise (and lucky!), we can now indulge in the type of biking we enjoy the most---group or solo, touring or day tripping, racing or meandering, enduring or sprinting. Now we can look around and see what kind of biking our fellow club members are in to.

Lew Bodak will share a polished slide presentation of his most recent bike tours through the great mountain passes of the French Alps and the Pyrenees. Some of the roads he has travelled are the same as those used by the Tour DE France. Lew has extensive experience cycling through the inaccessible regions of southern France, and he is ready to show, tell, and discuss.

Join the NYCC members and guests to enjoy the program and share your own current and past experiences at 6:00 PM, October 13 at Artemis Restaurant, 76 Duane Street (just off Broadway, two blocks north of City Hall).

Sara S. Flowers, Programs

NOMINATIONS

The following nominations were made and seconded at the September 8th Club meeting:

President:	Bill Cooper	Chris Mailing
Vice President of Programs:	Sara Flowers	
Vice President of Rides:		
Secretary:	Irene Walter	
Treasurer:	Ken Abramson	Joe Hulbert
Editor:	Bill Vojtech	
Membership Director:	Martha Ramos	
Circulation Manager:	David Miller	Marty Wolf
"A" Rides Coordinator:	Gloria Lasoff	
"B" Rides Coordinator:	Lee Gelobter	Marsha Taggart
"C" Rides Coordinator:	Phyllis Lehmann	

Further nominations will be taken at the October Club meeting, scheduled for Tuesday, October 13th. Ballots will be included in the November Bulletin, and election results will be tallied and announced at the November 10th Club meeting. 1982 officers will be installed at the December 8th meeting.

THE DELAWARE WATER GAP

When I first volunteered to write a description about the ride along the Delaware River my first thoughts were to write about how hilly it was. The ride was so hilly I could not enjoy the beautiful countryside. The ride was so hilly I had to get off my bike and walk. The ride was so hilly everyone had to wait for me towards the end of the day as I have no energy left. Etc., etc.

Now that it is no longer the Saturday of the ride (when I volunteered for this task) and I am no longer sore, I can sit down and write a description which hopefully will not keep everyone away next year.

Our weekend began in the dark in front of Grant's Tomb the secret (OOPS!) meeting place and ended in the dark on the Manhattan side of the Staten Island Ferry. During the two days of riding we saw dogs, cats, sheep, a rooster, horses, chickens, cows and one very special cow who belched as we rode by. This cow was not the only special animal* we encountered. They must breed the dogs differently out there as I have never come across so many mean and snarling dogs as that one Saturday. In fact, the one who almost got me left a lasting impression on my mind.

Something else which left a lasting impression on my mind were the hills. Road signs had become more important than ever. It was a relief to see the ones which read "TRUCKS USE LOWEST GEAR". It frightens me to think that last years ride was even hillier than this.

After a long, tiring day and approximately 13 hours later we made it to the Howard Johnsons in the town of Water Gap, Pennsylvania. There was a great indoor swimming pool and some of us had brought bathing suits. We were a bit on the optimistic side as we were too exhausted to do anything more than shower, eat and go to sleep.

Unfortunately, Sunday morning came and we had to wake up at 5:30 to eat breakfast and get on the road by seven. We had been told that Sunday's ride was basically flat but knowing the conservative estimates of our ride leader, Chris Mailing, we doubted it. We had some hilly terrain in the morning but much to our pleasant surprise the ride was basically flat.

Any displeasure experienced on Saturday was made up by Sunday's ride which could not have been better. We rode through beautiful countryside on roads infrequently travelled by cars. As a perfect ending we rode the last 30 miles as a tight group at a good pace. We were able to just make the 7:00 ferry and I know two of us (Barbara Bates and I) rode those last few miles faster than we ever had before.

As a final note I would like to say if you begin to train NOW you just MIGHT be able to ride The Delaware Water Gap with a minimal amount of pain next year. I also would like to say it would be worth it!!

-Gloria Lasoff

*the four legged kind as opposed to the two legged ones on a bicycle.

San Francisco Chronicle

Fri., May 29, 1981



BILL BAUMGARTEN MEMORIAL TREE

The neighbors and friends of Bill and Arlene Baumgarten have now arranged to purchase a Schwedler Norway Maple to be placed in the park across from the Baumgarten home as a living memorial to Bill. Arlene has selected the site, a favorite of Bill's, near the spot where she spread Bill's ashes.

Jean Young, a neighbor and friend, consulted the City Horticulturist to secure his advice and approval. He suggested several city-approved firms and insisted that the planting was best done by professionals. The firm has been selected, and the tree will be planted in late October, the optimum time. The tree will cost \$225.00 and comes with a guarantee from the nursery.

Thirteen of Bill's NYCC friends have contributed to the fund (total of about \$40.00). If you wish to contribute, please contact Sara Flowers immediately at (212) 544-9168. Her address is 111-50 76th Road, 4-L, Forest Hills, New York, 11375.

September Board of Directors Meeting

SUMMARY OF MINUTES (UNAPPROVED):

1. A change in Club meeting date was discussed, and it was decided not to make any change at this time.
2. The Vice-President/Programs situation was reviewed. It was concluded that Sara Flowers appears able to fulfill most if not all of her duties, and thus will remain in her post, with assistance as needed from Lorraine Gewirtz.
3. Jim Rex turned over to Irene Walter a letter and Certificate of Appreciation from the U.S. Environmental Protection Agency "for providing materials and support for the EPA's Spring Bicycling Exhibit." The Board again thanked Martha Ramos for her labors on this project.
4. Martha Ramos related the story of Eric Gertner's accident and assistance from a local New Jersey couple. The Board directed the Secretary to write the couple thanking them and inviting them to a general membership meeting and dinner as an expression of the Club's thanks.
5. Dave Miller urged the Club to participate in LAW's National Century Month--if information is submitted, the Club's turnout record during September will be included in the December issue of American Wheelmen. He requested September Patch Ride leaders to urge cyclists completing rides to order patches, and to submit to him copies of each September patch ride sign-up sheet, in order to send this information to LAW.
6. Irene Walter reported that she had received a letter and two quick release set binder bolts from Shimano American Corporation for Laura Sloate.
7. The next Board meeting will be held October 6, 1981.

Copies of the complete, approved minutes are available from Irene Walter.

SAVE THIS WEEKEND!

GEAR-UP 82

June 4-6, 1982

Shippensburg (Pa.) State College

(35 miles southwest of Harrisburg off Pa. Turnpike and I-81)

Your host: Harrisburg Bicycle Club

(the folks who brought you GEAR 72 and the 1976 LAW Convention)

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, it's officers and ride leaders blameless in case of accident.

NAME(S) _____ PHONE H. _____

_____ B. _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEWAL _____

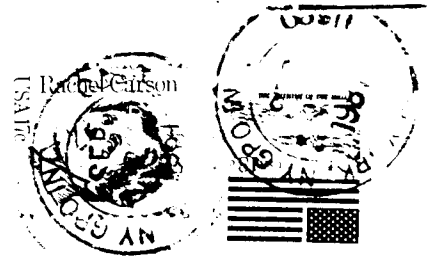
WHERE DID YOU HEAR OF N.Y.C.C.? _____

OTHER CYCLING CLUB MEMBERSHIPS _____

1981 membership dues are \$11.00 per individual, \$14.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with your check, to:

The New York Cycle Club, Inc.
P.O. Box 877
Brooklyn, N.Y. 11202

New York Cycle Club, Inc.
c/o Alice St. Andrea
43 Fifth Ave. #1D
New York, N.Y. 10003



FIRST CLASS

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